

1. Who can compete in the State Games of America?

The State Games of America are open to all ages and ability levels. Please visit our [Qualifying Standards](#) for more information.

2. If I am from Virginia can I automatically compete in the State Games of America?

Yes, all Virginia residents are eligible to compete in the State Games of America.

3. If I am from West Virginia or Maryland, am I eligible to compete in the State Games of America?

Yes, due to the neighboring state policy, residents of West Virginia and Maryland are eligible to compete in the State Games of America. Please visit our [Qualifying Standards](#) for more information on how to qualify.

4. Will I receive a formal invitation to compete in the State Games of America?

There is not a formal invitation to compete in the State Games of America. [Click here](#) to sign up for our newsletter for the most up-to-date information.

5. Is there a time frame in which I need to qualify for the 2019 State Games of America?

All gold, silver and bronze medalists from National Congress of State Games (NCSG) Member State programs (Winter and Summer) in 2017, 2018 and prior to July 1 of 2019 are eligible to compete in SGA 2019. All medalists from any previous State Games of America are also eligible to compete.

6. When and where can I register for the State Games of America?

We plan to have registration open for most sports by September of 2018. Any out of state athlete (with the exception of West Virginia & Maryland) must be registered by July 1st, 2019. Registration will be available on each individual sports page. [Click here](#) to view our [2019 Sports Listing](#).

7. Will there be on-site registration for the State Games of America?

Only athletes located in Virginia, West Virginia & Maryland will be able to register on-site. Please visit a specific sport page on our [2019 Sports Listing](#) to see if your sport offers on-site registration.

8. Will there still be a Virginia Commonwealth Games at Liberty University- Summer Games in 2019 in addition to the State Games of America?

In 2019 the State Games of America will run in place of the Virginia Commonwealth Games Summer Games. However, there are still a couple of sports that will run as the Virginia Commonwealth Games. The following sports will be running as part of the Virginia Commonwealth Games: All Star Baseball, Youth Rugby, Indoor Track & Field and Trail Race.

9. Where can I find information about lodging for the State Games of America?

Please visit our [Hotels](#) page for more information about lodging for the State Games of America.

10. What are Medal and Participation Sports?

Please see our [Qualifying Standards](#) for a complete list of State Games of America Medal and Participation Sports for further explanation.

12. If I qualified for an event within a particular sport, am I eligible to compete in any other events within said sport?

Yes, one can enter as many events within the sport discipline as they would like or as allowed by the sport. For example, if an athlete medaled in the 100m Track & Field event, the athlete would also be eligible to compete in any other Track & Field event.

13. What portion of my team competing at the State Games of America need to be from the qualifying team/relay/pair?

The team must be made up of at least 50% of the qualifying team/relay/pair.

14. Where can I find what age groups/divisions will be offered for my sport?

You can visit a specific sport page on our [2019 Sports Listing](#) to find more information about what age groups/divisions are offered. These sport pages are continually being updated with the most current information.

15. How do I determine at what level I will compete in the State Games of America?

Athletes will compete in the State Games of America at their current level - not necessarily the level in which they medaled. For example, if an athlete had competed at the beginner level to qualify and is now currently competing at the intermediate level, the athlete will compete at the intermediate level in the State Games of America.

16. If I medaled in a previous State Games of America, am I eligible to compete in the 2019 State Games of America?

Yes, all past State Games of America medal winners are eligible to compete in the 2019 State Games of America.

17. If I qualified in my local State Games but moved to a different state, do I need to re-qualify in the state that I moved to?

No, you will not need to re-qualify.

18. Are Senior Games programs considered a qualifier for the State Games of America?

No, some Senior Games are not members of the National Congress of the State Games. Only NCSG programs are qualifiers for the State Games of America. Exemption: New Jersey Senior Games.

19. If my state does not have a State Games program, can I qualify for a State Games of America [Medal Sport](#) through a separate tournament in my state?

No, you cannot qualify for the State Games of America through a separate tournament. We encourage athletes to qualify through a neighboring State Games program. Please visit our [Qualifying Standards](#) for more information on how to qualify.

[Click here](#) to view a map of the states that host local State Games.

[Click here](#) for a list of member states' websites.

20. What place do I need to earn in a Medal Sport in my local State Games to qualify for the State Games of America?

Please visit our [Qualifying Standards](#) for more information on how qualify in a Medal Sport.

21. If my local State Games does not offer a Medal Sport, can I still qualify in that sport for the State Games of America?

We encourage athletes to seek permission from their local state games to participate in a neighboring State Games program in order to qualify for the Medal Sport. Please see our Qualifying Standards for more information on how to qualify for Medal Sports.

22. If my state does not have a local State Games and I am not located in Virginia, West Virginia, or Maryland, can I still qualify for a State Games of America Medal Sport?

Yes, there are still ways to qualify. We encourage athletes to seek permission from a neighboring state in order to qualify through their State Games program.

[Click here](#) to view a map of the states that host local State Games.

[Click here](#) for a list of member states' websites.

23. If I competed in a Participation Sport in my state but did not place, am I still eligible to compete in that sport in the State Games of America?

Yes, you will still be able to compete in that sport. Please see our Qualifying Standards for more information on how to qualify for Participation Sports.

24. If my local State Games does not offer a Participation Sport, am I still eligible to compete in that sport in the State Games of America?

Yes, if a State Games does not offer a Participation Sport an athlete is still eligible to compete. Please see our Qualifying Standards for more information on how to qualify for Participation Sports.

25. Do athletes need to purchase an Opening Ceremonies ticket?

No, please see our [Admissions](#) page for more information.

26. What about insurance coverage?

Insurance is the responsibility of each participant. In some instances, the National Governing Body (NGB), which sanctions an event, may have secondary coverage. In the event of an emergency, injury or illness, medical personnel will be contacted. Competition preparation, such as taping, is the responsibility of the participant.